Community Information

24 Hour Services

Emergency Services (Fire, Ambulance, Police)- 000 Lifeline- 13 11 14 Kids Helpline- 1800 551 800 Child Protection Helpline (previously DOCs)- 13 21 11 Salvo Care Line- 1300 36 36 22 MensLine Australia- 1300 789 978 Sexual Assault, Family & Domestic Violence Helpline- 1800 737 732 Mental Health Line – 1800 011 511 Poisons Information Centre – 13 11 26 NSW Gambling Helpline- 1800 858 858

Hospitals

Tomaree Community Hospital- (02) 4984 0700 John Hunter Hospital- (02) 4921 3000 GP Access After Hours- 1300 130 147

Counselling/Support Services

Parents & Carers Helpline- 1300 130 052 Veterans & Families Counselling- 1800 011 046 Sane Australia Helpline- 1800 187 263 ARAFMI Hunter (Relatives & Friends of Mentally ill)- (02) 4922 1546 Law Access NSW- 1300 888 529 National Debt Helpline- 1800 007 007 Dads in Distress Helpline- 1300 853 437 Gamblers Anonymous- (02) 9726 66 25

Businesses/Organisations

The Hunter Women's Centre - <u>hwc.org.au</u> Port Stephens Council- <u>portstephens.nsw.gov.au</u> Hunter Volunteers Centre- <u>hvc.org.au</u> Atwea College (Previously Wea Hunter) – <u>atwea.edu.au</u> Legal Aid NSW- <u>legalaid.nsw.gov.au</u> Centrelink – <u>servicesaustralia.gov.au</u>